

FOR UNIVERSITY ATHLETICS

A stronger mental performance routine.

Mental performance training and a connected path to university-provided mental care.

Bring skills practice, education and check-ins into the athlete experience. Give university staff a shared workflow to coordinate the program, connect athletes to care and evaluate what is useful.

One experience. Clear roles.

ATHLETES

Build a practice routine

Learn mental performance skills, complete assigned practice and check-ins, and understand how to seek support.

ATHLETICS STAFF

Make the routine work

Coordinate the program and review agreed participation and feedback reports.

CLINICAL TEAM

Connect support to care

Use clinical connection and care-management tools within the university's agreed care workflow.

Your university supplies the clinicians and owns clinical assessment, treatment, care decisions and emergency response. Monitoring hours, response expectations, access and consent are agreed before launch.

Start with a focused pilot.

\$7,500 / 12 weeks / up to 50 athletes. Custom scope available.

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